



PATHWAYS



Spring 2009
Newsletter
Vol. 11, Issue 2

A Community Healing Ministry...

“Hope Lives Here”

www.ubicaritas.org

409-832-1924

FEATURING

- ♥ What is the Power of Faith?
- ♥ Story Teller coming to Beaumont
- ♥ Healthy Recipe
- ♥ Acknowledgements

The Board of Directors

Chair: The Rt. Reverend
Don A. Wimberly,
Bishop of Texas

President: David Lowell

Vice President: The Rev. John
Bedingfield

Treasurer: Ann Cobb

Secretary: Sandra Benski

Fred Bessell, MD

Robert Birdwell, MD

Priscilla Kujawski

Dot Way

Pat Ritchie

Anita Judice

Chris Stedman

Sharon Mailey

The Rev. Cliff Rucker

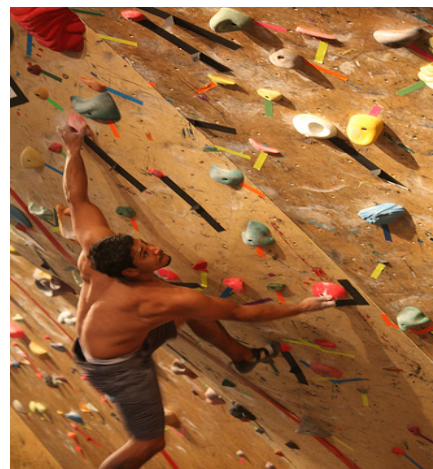
Judge Keith Giblin

Edra Bogucki

Medical Director: Maria Blahey, M.D.

Executive Director: Clark Moore

What is the Power of Faith? To illustrate this point, Seth Godin uses the example of the rock climber, Obe Carrion, in his book, “TRIBES.” Carrion was in a rock wall competition. The contestants were sequestered. Each one was led out to the wall where they had one chance to climb the wall. The first two succeeded but with great effort and difficulty, the third failed. Carrion was led out and after taking a careful look, he ran at the wall as fast as he could. Observers noted that it was as if he ran right up the wall. Having the best time, he won the competition to the applause of the audience.



Why was he able to do this so effortlessly when others struggled and failed? He wasn't super human or really any better than the others. Carrion possessed one thing that the others didn't. He possessed Faith! Faith is the strong belief that something can and will happen. Faith is a force that leads to hope and it overcomes fear and makes things possible. Obe Carrion looked at the wall and had faith that he could overcome that wall.

Jim Rush and **Dr. Hal Clarke** are retiring members of our Board here at Ubi Caritas. They both served on the original study committee with Nan Vincent Nelson, Tom Lamb, Ed Stedman and others. They have served with exemplary dedication, always responding to whatever needs were presented. They now have served the maximum length of time for board members, ten years. During that time, no matter the obstacles or challenges, and there were many, they always exhibited the power of faith in our mission...a mission to bring health care to the uninsured and poor of our community. In many ways it was the power of their faith that helped to make this effort possible.

Next month we begin our Annual Funding Campaign. Our goal this year is \$100,000 and the majority of that will be used to cover the expenses of medical services for children. It is like a huge wall staring us in the face. This repre-

sents the most we have ever had to raise. This is another Faith Opportunity. Our board members and staff believe so strongly in this effort that they are each committing to financially support the campaign. The hard part will be to find others who believe in this dream to bring health care to the uninsured and underprivileged.

I hope you will join us in the effort to show our faith in a time when it would be easy to find an excuse not to. One hundred thousand dollars is a lot of money. Some will be able to respond with large gifts, but for the most part we can overcome this obstacle with \$50 to \$500 commitments. Please pray about joining us. Later this month or early in May we will be sending you more information about our **“Touching Lives Campaign.”** Please think of how you can respond and how you can share your faith in Ubi Caritas with others.

Together we can overcome this challenge to benefit the quality of life for so many in our community.

Happy Spring,

Clark Moore

Musical Story Telling Fundraiser Sponsored by Ubi Caritas



Laughter Heals the Spirit

Andy Offutt Irwin nationally known story teller will perform on May 23rd 2009 at 7:00p.m. at First United Methodist Church, 701 Calder Street, Beaumont, TX 77701. Tickets are \$8.00 in advance or \$10.00 at the door.

Andy brings his musical story telling gifts, along with a background of standup comedy to Beaumont for a one night performance benefiting Ubi Caritas Health Clinic. He has toured folk life festivals and colleges throughout the United States, including two appearances as a Featured Teller at the National Storytelling Festival. He has been a Teller in Residence at the International Storytelling Center. He has been a Keynote Speaker/Performer at the Library of Congress–Virburnum Foundation Conference on Family Literacy. He has been described by many as a fun and zany performer. Please come enjoy an evening of good quirky fun with Andy Offutt Irwin.

For more information contact James Grant @ Ubi Caritas Health Ministries, 4450 Highland Ave. , Beaumont TX, Phone (409)832-1924 x115 jgrant@ubicaritas.org

Laissez les bons temps rouler! Good times are exactly what occurred during the Ubi Caritas Mardi Gras Dinner and Dance on February 21st 2009. A party committee, party volunteers and Ubi staff worked diligently to ensure the party would be a success and their efforts resulted in a record breaking event. Over \$20,000 was raised to support the operations of the Ubi Clinic and over 300 guests attended the event. Guests enjoyed dancing to a great variety of dance music played by 3 Car Garage, and, dined on delicious Richard Swope Cook Team gumbo and decadent Nancy Grove Cook Team bread pudding. Becki Stedman coordinated and directed the cake walk which broke previous cake walk sales records. Additional funds were raised via the King and Queen Contest, which concluded with the election of John McAtee and Dee Ann Robichau as the 2009 King and Queen.

A big **Thank You** to everyone on the committee, our sponsors, supporters and guests. We truly appreciate everyone's effort and hard work in making this special event the most successful event for Ubi Caritas Health Ministries.

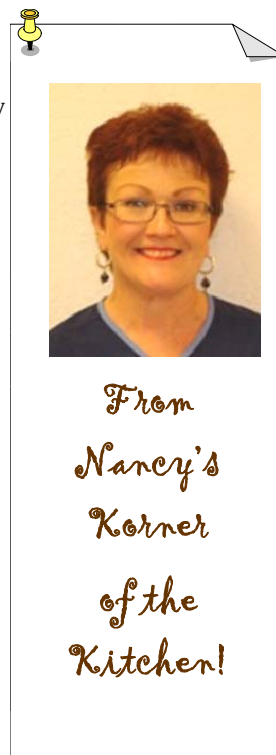
Thank you and God Bless.

James Grant

Springtime Quinoa with Asparagus and Goat Cheese

- ♥ One bunch of asparagus cut into bite size pieces—make sure it has been washed, and the woody stems have been broken off
- ♥ Olive oil (1/4 cup on hand is enough)
- ♥ Salt and pepper
- ♥ 1 cup quinoa
- ♥ 6-8 ounces aged goat cheese, crumbled (you may substitute feta if desired)
- ♥ 1 Roma tomato, diced
- ♥ 1 tsp dried thyme or 1 Tb fresh, chopped
- ♥ Juice of one lemon

Heat skillet over medium heat. Add a drizzle of olive oil once pan is warm. Add asparagus to pan and cook for 2-3 minutes. The asparagus should be bright green in color and tender crisp. Remove asparagus from heat and season with salt and pepper, and the thyme. Bring 4 cups of salted water to a boil. Add quinoa and cook until soft (according to package). Drain and rinse with cold water and drain again. Place the quinoa in a medium bowl and add juice of one lemon, 1 Tb olive oil, goat cheese, asparagus, tomato, and one tsp salt and fresh ground pepper. Stir to combine. Place on plate and top with fresh Italian parsley. Aside—I always taste the combined salad before serving to add more salt, pepper, lemon, etc. for your personal taste.



*Our Thanks go out to each of you who supported the Mardi Gras
Dance Special Event in February*



Mr. & Mrs. Steven Andrews
Mr. & Mrs. Jason Ballard
Mr. & Mrs. W. L. Barclay
Dr. & Mrs. Fred Bessell
Ms. Betty Biddle
Dr. & Mrs. Robert Birdwell
St. Mark's Episcopal Church
St. Stephen's Episcopal Church
Ms. Edra Bogucki
Mr. Joseph Bondurant
Ms. Kathleen Boudreaux
Mr. & Mrs. Howard Bundy
Ms. Beki Burton
Mr. & Mrs. Wilbur Butler
Mr. & Mrs. C. D. Woodard
Cadillac Ink-
Mr. Gerry Simmons
Ms. Marion Callahan
Mr. & Mrs. O. F. Cannon
Capital One Bank
Dr. & Mrs. Charles Caskey
Dr. & Mrs. Richard Cherry
CHRISTUS-St. Elizabeth Hospital
Mr. & Mrs. F. Blair Clarke
Dr. & Mrs. Henri Clarke
Mrs. Leslie Ann Cobb
Mr. & Mrs. Louis Colombo
Cook Parker, PLLC
Mr. Walter Crawford
Rev. & Mrs. Byron Crocker
Dr. Kevin Dean
Mr. & Mrs. Bill DeForest
Mrs. Jerome Dick
Dr. & Mrs. Carl Shrontz
Mr. & Mrs. Bill Falkenhagen
Mr. Gerald Farha
Rev. & Mrs. Frank Fuller
Gerald Condon Properties LTD
Ms. Martha Gideon
Mr. & Mrs. Guy Goodson
Mr. & Mrs. Gordon Alpha
Mr. & Mrs. Marius Greene
Mr. & Mrs. David Grove

Mr. & Mrs. Don Grove
Mr. & Mrs. Bernard Hammer
Mr. & Mrs. Thomas Hargrove
Ms. Sandra Hathaway
Mr. & Mrs. Thad Heartfield
Mr. Lewis Hiltbold
Mr. & Mrs. Stephen Holle
Mr. & Mrs. J.Lee Hoover
Mr. & Mrs. Charles Howell
Ms. Gladys Icton
Mr. & Mrs. Jim Johnson
Mr. & Mrs. Myrle Johnson
Mr. Ross Jones
Mr. Harrison Jordan &
Mrs. Rose Ann Jordan
Mr. & Mrs. Paul Judice
Ms. Sallye Keith
Mr. & Mrs. Bill Kujawski
Lamb Law Firm
Ms. Suzanne Lambremont
Ms. Betty Leaf
Jamie LeJeune
David & Leigh Lowell
J. D. Lupo
James & Sharon Mailey
Mr. & Mrs. David Masters
Ms. JoAnn McAtee
Mr. John McAtee
Steve & Nancy McGrade
Mr. & Mrs. Mike Medley
Mr. Mike Peyton, Community
Bank
Mr. & Mrs. Bobby Moore
Mr. & Mrs. Clark Moore
Mr. & Mrs. Jerry Griffin
Mr. & Mrs. John Hawa
Ms. Bel Lamb
Mr. & Mrs. Donald Mudd
Mr. & Mrs. Bruce Murphree
Mr. & Mrs. Rowdy Nash
Mr. & Mrs. Neal Nielsen
Mr. & Mrs. Joel Nolan
Mr. Albert Nolen

Ms. Hannah Overall
Mr. & Mrs. Michael Overall
Ms. Heather Petkovsek
Mr. & Mrs. Gerald Richardson
Mr. & Mrs. Roger Richmond
Mr. & Mrs. George Rienstra
Mr. & Mrs. Michael Rienstra
Maurice & Pat Ritchie
Mr. & Mrs. Paul Robichau
Mr. Hal Ross
Mr. & Mrs. Jim Rush
Mr. Ryan Schiesler
Mr. & Mrs. Timothy Schreck
Mr. & Mrs. Gene Schulz
Mr. Greg Schumacher
Ms. Susan Selman
Mr. Randy Slater
Mrs. Chris Stedman
Ed & Becki Stedman
Ms. Christine Stetson
Mr. Richard Swope
Mr. & Mrs. Jerald Thomas
Mr. & Mrs. William Thomas
Mr. Thomas Thompson
Mr. & Mrs. Roger Trottman
Mr. & Mrs. James Uncapher
Mr. Les Warren
Mr. & Mrs. David Weaver
Ms. Karen Weller
Mr. Loyd Wilson
Ms. Rosine Wilson

Name Correction from February's
Newsletter:
Ms. Christine Moor Sanders

*We apologize if your name
was left out. Please call us at
832-1924 ext. 102 and let us
know.*

Spring is when you feel like whistling even with a shoe full of slush. -Doug Larson



Ubi Caritas

4450 Highland Avenue

Beaumont, TX

77705-5205

NON PROFIT ORG.

U.S. POSTAGE

PAID

BEAUMONT, TX

PERMIT NO. 41



On my way to work the other morning, I passed a pasture and couldn't help but notice a mother horse cleaning off her newly born colt. It was the sweetest sight, watching the new mother go over every inch of that little colt, and though I'm sure the horse did not have an expression on her face, you could still tell that she was delighted with the newness of her colt. As I

came to the next pasture I saw two small calves playfully jumping at one another as their mothers' watched on with enjoyment. I realized spring time was here and evidence can be seen and felt everywhere. New beginnings are taking place. I thought of the first line in Psalm 98, "Sing to the Lord a new song, for he has done marvelous things."

I give the Lord praise for all the new and wonderful things that are taking place in my personal life, in the lives of others and in the world around me. Most importantly I give Him thanks and praise for all the new things

happening at the clinic. Our new Electronic Medical Records system is installed and will be fully operational by the end of the month. We have three employees who are expecting babies, our patient numbers increase every month, and we are just bursting at the seams with new growth. I offer an extra special prayer of thanksgiving for our newest volunteer, Ann Butler. Mrs. Butler has volunteered her time to help get our monthly Community Health Program up and running routinely again. Our Community Health Programs will be on the second Thursday of each month at 4:00 p.m. and cover a wide variety of informative topics. Our patients and the surrounding community really enjoy these programs and we at Ubi are so thankful to have Ann volunteer her time to plan and organize these valuable programs. These are open to the public, so check our future newsletters to see what program is scheduled that month and join us!

Lauren Parsons